

DISCUSSION QUESTIONS

The following questions help us engage with the sermon, music, and liturgy in this morning's worship service, and may be useful during personal devotions, group studies, and family worship.

- 1 Paul emphasizes the word “one” seven times in these verses. Why do you think he does this, and what does it teach us about the unity God has established in His covenant people?
- 2 How does the “one body” described here differ from simply belonging to a local congregation? What does this teach us about the visible and invisible church?
- 3 What is the “one hope” to which believers have been called? How does that shared hope shape the way Christians endure suffering, pursue holiness, and live together today?
- 4 Paul speaks of “one Lord, one faith, and one baptism.” How do these three realities summarize our covenant relationship with Christ and His people? What does baptism signify about God’s covenant promises and our identity in Christ?
- 5 Verse 6 declares that there is “one God and Father of all, who is over all and through all and in all.” How does God’s fatherly rule and sovereign providence give confidence and stability to the church?
- 6 Since the unity Paul describes is something God has already created rather than something we produce, what are some practical ways we can preserve the unity of the Spirit without compromising biblical truth?
- 7 Looking at all seven “ones” together, which truth most challenges or encourages you personally? How should these realities change your attitudes and behaviors in the way you worship, serve, forgive, and bear with one another as one covenant family?